

ICO CheckMate & ProComp program for NotSoTuffEnough'10

Line#	CheckMate	ProComp	Mileage	
01	SPEED	SPed	0.00	24
02	SPEED	SPed	4.40	18
03	SPEED	SPed	5.30	24
04	SPEED	SPed	7.30	18
05	RESET	rSEt	8.80	to 10.30
06	SPEED	SPed	10.30	12
07	SPEED	SPed	11.10	24
08	SPEED	SPed	13.90	30
09	SPEED	SPed	17.40	18
10	SPEED	SPed	18.30	30
11	SPEED	SPed	24.30	06
12	SPEED	SPed	24.60	24
13	SPEED	SPed	26.20	18
14	PAUSE	FrEE	33.10	28:00
15	RESET	rSEt	33.10	to 0.00
16	SPEED	SPed	0.00	24
17	SPEED	SPed	10.40	18
18	SPEED	SPed	12.20	24
19	RESET	rSEt	14.30	to 16.30
20	RESET	rSEt	23.60	to 25.60
21	PAUSE	FrEE	39.00	36:00
22	RESET	rSEt	39.00	to 0.00
23	SPEED	SPed	0.00	30
24	RESET	rSEt	5.74	to 7.00
25	SPEED	SPed	7.00	42
26	RESET	rSEt	7.00	to 7.70
27	SPEED	SPed	9.10	18
28	SPEED	SPed	10.00	42
29	SPEED	SPed	12.10	36
30	RESET	rSEt	15.50	to 15.70
31	SPEED	SPed	15.70	06
32	SPEED	SPed	16.00	90
33	RESET	rSEt	17.50	to 18.20

KNOWN CONTROLS: Because it's up to each club to declare Known Controls we may not have included any in this program. If you wish to enter Known Controls, which affect only the instrument's Next Possible calculations, check with the club then do so.

To enter a Known Control select KNOWN (CheckMate) or cont (ProComp), enter the mileage where the control is located, then enter a 2 or 3. The 2 or 3 represents the miles of free zone BEFORE a Known, so the correct value for each Known must be entered. Since all Knowns have 3 miles of free zone AFTER them, your instrument automatically uses 3 for it's calculations while in a race.

Good luck and have a safe, enjoyable ride!

Please share this program with other riders at the race.
Also, please check out the ICO website at www.icoracing.com